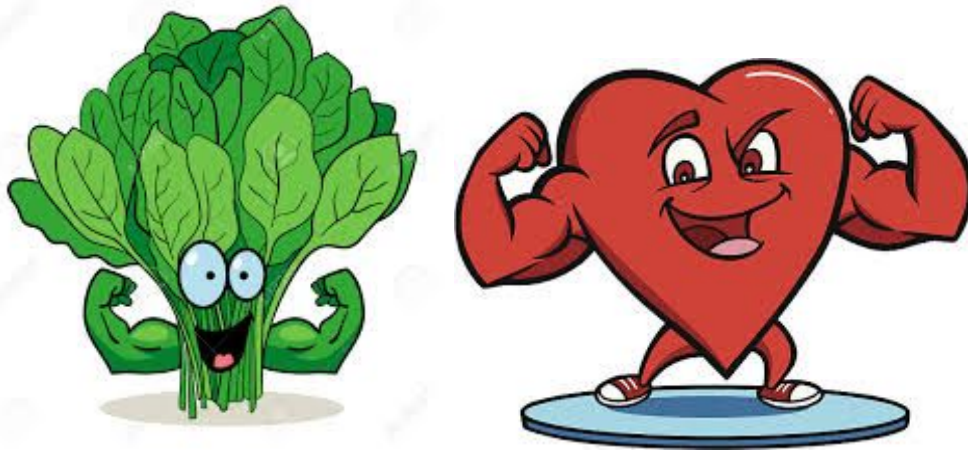


WHAT'S THE BIG DEAL ABOUT VITAMIN E???

★ Vitamin E is a powerful antioxidant that protects your body from harmful substances such as smoke and pollution.



★ Vitamin E prevents inflammation, meaning it prevents swelling, in the body which may lower your risk of heart disease.



★ Vitamin E is found in many foods that contain "healthy fats" and are part of the traditional Mediterranean diet.

